

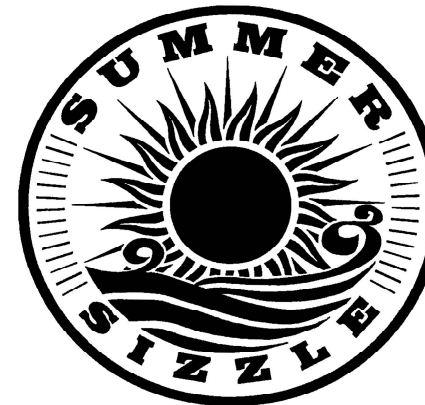
# The JEFFREY S. MACE MEMORIAL

## SUMMER SIZZLE 2018

Fly over starts will be used during prelims and timed finals

FRIDAY AM								FRI MID		Friday PM		Fri. FINALS		FRIDAY												
Session 1 13/Over Prelims								SESSION 2 400 IM's		Session 3 12/Unders		Session 4 Warmup at														
WARMUP	7:15AM	7:40AM	8:05AM	11:00AM	1:10PM	1:35PM	5:10PM							Warmup	Check-in	Start	Comment									
LANE 1	XCEL	WFY	SHY	ALL	WFY	WAVE	(45 minutes)							Session 1	13/O PRELIMS	7:15AM	8:00AM	8:35AM	3 WARM-UPS							
LANE 2	XCEL/WW	WFY/R	MYM/EAG	SWIMMERS	WFY/EEX	CAT	A							Session 2	400 IM's	TBA	11:00AM	11:45AM	F to S; ALT							
LANE 3	JFAC/SWAC	TS	EEX/UN-D		TS	MYM/MAY/SHY	L							Session 3	12/Unders	1:10PM	1:30PM	2:05PM	Approx							
LANE 4	JFAC/HACY	TS/SRAY	EEX/FSPY	Swimmers	FSPY	XCEL/BB/MEY	L							Session 4	Finals	5:10PM	RELAYS	6:00PM	Patio pool for							
LANE 5	CAT/RANY	CS	FSPY	provide	WEST	RY/RANY								SATURDAY: HAWAIIAN SHIRTS ALL DAY FOR JEFFREY												
LANE 6	CAT/MEY	SCAR-R	WEST/FREE	timers	SCAR-R	JFAC/TWST	S							Session 5	13/O PRELIMS	7:15AM	8:00AM	8:35AM	3 WARM-UPS							
LANE 7	CJAC	SCAR-E&B	BB/PTAC/TWST	Patio	SCAR-E & B	CJAC/NJBL	W							Session 6	400 FREES	TBA	11:00AM	11:45AM	F-to-S; ALT							
LANE 8	CJAC/SAY	RUT	all others	warmup	NJRC/PTAC	all others	I							Session 7	12/Unders	1:55PM	2:15PM	2:50PM	Approx							
								M							Session 8	Finals	6:00PM	RELAYS	6:50PM	Patio pool for						
								M													by 6:20PM	start of warmup				
								E													SUNDAY					
								R							Session 9	Prelims	7:15AM	8:00AM	8:35AM	3 WARM-UPS						
								S							Session 10	800/1500	TBA	11:00AM	11:45AM	Not before						
															Session 11	12/Unders	2:20PM	2:40PM	3:15PM	Approx						
															Session 12	Finals	6:10PM	RELAYS	7:00PM	Patio pool for						
																					by 6:30PM	start of warmup				

SATURDAY: HAWAIIAN SHIRTS ALL DAY/ NIGHT FOR JEFFREY										
Saturday AM				Sat		Saturday PM		Sat. FINALS		
Session 5 13/OVER PRELIMS				Session 6 400 FREES		Session 7 12/Unders		Session 8 Warmup at		
WARMUP	7:15AM	7:40AM	8:05AM	11:00AM	1:55PM	2:20PM	6:00PM			
LANE 1	FSPY	XCEL	JFAC	ALL	WFY	SCAR-R	A			
LANE 2	FSPY	XCEL	JFAC/PTAC	SWIMMERS	WFY/EEX	SCAR-E&B	L			
LANE 3	TS	CAT	WFY		FSPY	CJAC/PTAC	L			
LANE 4	TS/RUT	CAT/RANY	WFY/BB	Swimmers	FSPY/BB	NJRC/RANY				
LANE 5	CS	CJAC	EEX	provide	TS	JFAC/NJBL	S			
LANE 6	SCAR-R	WEST/NJRC	EEX/SRAY	timers	CAT	XCEL/WW	W			
LANE 7	SCAR-E&B	RY/TWST	SHY	Patio	WEST	MYM/TWST	I			
LANE 8	MYM	HACY/MEY	all others	warmup	RY	all others	M			
								E		
								R		
								S		



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Sunday Session 9 13/O Prelims				Saturday Session 10 800/1500	Sunday PM Session 11 12/Unders		Sun. FINALS Session 12 Warmup at	SUNDAY													
WARMUP	7:15AM	7:40AM	8:05AM	11:00AM	2:20PM	2:45PM	6:10PM	Session 9	Prelims	7:15AM	8:00AM	8:35AM	Session 10	800/1500	TBA	11:00AM	11:45AM	Not before			
LANE 1	FSPY	XCEL	CAT	Patio Pool Warm-up (if needed)  Swimmers provide timers and lap counter	EEX/BB	WEST	A L L  S W I M M E R S	Session 11	12/Unders	2:20PM	2:40PM	3:15PM	Session 12	Finals	6:10PM	RELAYS	7:00PM	Approximately	Patio pool for start of warmup		
LANE 2	FSPY	XCEL	CAT/RANY		WFY	SCAR-R															
LANE 3	TS	WFY	EEX		WFY/SHY	SCAR-E&B															
LANE 4	TS/TWST	WFY	EEX		FSPY/MEY	MYM/TWST															
LANE 5	MYM/MEY	SCAR-R	SHY		FSPY/HACY	XCEL/WW															
LANE 6	RY	SCAR-E&B	CJAC		TS	RY/NJBL															
LANE 7	WEST	RUT/NJRC	SRAY/BB/PTAC		TS/SRAY	NJRC/RANY															
LANE 8	HACY	CS	all others		CAT	PTAC/CJAC															

